

2025年广州体育学院硕士研究生复试

游泳方向运动技能测试方法和评分标准

一、复试内容及评定方法与标准

(一) 游泳技术评定(共80分)

1. 测试项目和分值:

序号	项目	分值
1	25米爬泳	25
2	25米蛙泳	25
3	25米仰泳	15
4	25米蝶泳	15

2. 技术展示要求: 符合《游泳竞赛规则 2019-2022》的要求。

3. 评分标准(以百分制计算)

1. 按照游泳竞赛规则连续游完 25 米, 泳姿完全符合该泳式的技术要求, 动作正确, 划水效果明显、有效, 配合协调连贯, 85—100 分。

2. 按照游泳竞赛规则连续游完 25 米, 泳姿符合该泳式的技术, 臂、腿动作有轻微的缺点, 配合比较协调, 划水效果较好, 达到示范的基本要求, 75—84 分。

3. 按照游泳竞赛规则连续游完 25 米, 泳姿基本符合该泳式的技术要求, 臂、腿及配合动作有明显的错误, 配合动作协调性较差, 60—74 分。

4. 没游或游距达不到规定的 25 米距离, 或泳姿不能达到该泳式的基本规格, 配合动作非常不协调, 或出现任何犯规现象, 或中途出现任何停顿, 0—59 分。

（二）达标测试（共20分）

1. 测试办法：

考生自选50米自由泳、50米蛙泳、50米仰泳、50米蝶泳中一项进行测试。

测试过程按照游泳比赛规则进行，执行一次出发规则，游泳姿势应符合规则规定。考生游泳服装应符合游泳竞赛规则。考生得分以计时取得的成绩在评分表中所对应的分值为准。若在评分标准的两个相邻分值之间，则取其中最低的分值作为其得分。凡犯规考生的测试成绩为零分。

2. 评分表

50米游泳考试评分标准（50米池）

分值	50米蝶泳		50米仰泳		50米蛙泳		50米自由泳	
	男	女	男	女	男	女	男	女
100	32.50	36.50	35.50	38.50	37.00	41.00	27.50	31.50
99	33.00	37.00	36.00	39.00	37.50	41.50	28.00	32.00
98	33.50	37.50	36.50	39.50	38.00	42.00	28.50	32.50
97	34.00	38.00	37.00	40.00	38.50	42.50	29.00	33.00
96	34.50	38.50	37.50	40.50	39.00	43.00	29.50	33.50
95	35.00	39.00	38.00	41.00	39.50	43.50	30.00	34.00
94	35.70	39.70	38.50	41.70	40.00	44.00	30.70	34.70
93	36.40	40.40	39.00	42.40	40.70	44.70	31.40	35.40
92	37.10	41.10	39.70	43.10	41.40	45.40	32.10	36.10
91	37.80	42.80	40.40	44.80	42.10	46.10	32.80	36.80
90	38.50	43.50	41.10	45.50	43.80	46.80	33.50	37.50
89	39.20	44.20	42.80	46.20	44.50	47.50	34.20	38.20
88	39.90	44.90	43.50	46.90	45.20	48.20	34.90	38.90
87	40.60	45.80	44.20	47.80	45.90	48.90	35.80	39.60
86	41.30	46.50	44.90	48.70	46.60	49.60	36.70	40.30
85	42.00	47.20	45.60	49.60	47.50	50.30	37.60	41.00
84	43.90	47.90	46.30	50.50	48.40	51.00	38.50	41.70
83	44.80	48.60	47.00	51.40	49.30	51.90	39.40	42.40
82	45.70	49.30	48.00	52.30	50.20	52.80	40.30	43.10
81	46.60	50.00	49.00	53.20	51.10	53.70	41.20	43.80
80	47.50	51.00	50.00	54.10	52.00	54.60	42.10	44.50
79	48.40	52.00	51.00	55.00	53.00	55.50	43.80	45.20
78	49.30	53.00	52.00	56.00	54.00	56.40	44.50	46.00
77	50.10	54.00	53.00	57.00	55.00	57.30	45.00	47.00
76	51.00	55.00	54.00	58.00	56.00	58.20	46.00	48.00
75	52.00	56.00	55.00	59.00	57.00	59.10	47.00	49.00

74	53.00	57.00	56.00	01:00.0 0	58.00	01:00.00	48.00	50.00
73	54.00	58.00	57.00	01:01.0 0	59.00	01:01.00	49.00	51.00
72	55.00	59.00	58.00	01:02.0 0	01:00.00	01:02.00	50.00	52.00
71	56.20	01:00.00	59.00	01:03.0 0	01:01.00	01:03.00	51.00	53.00
70	57.10	01:01.00	01:00.00	01:04.0 0	01:02.00	01:04.00	52.00	54.00
69	58.00	01:02.00	01:01.00	01:05.0 0	01:03.00	01:05.00	53.00	55.00
68	59.00	01:03.00	01:02.00	01:06.0 0	01:04.00	01:06.00	54.00	56.00
67	01:00.00	01:04.00	01:03.00	01:07.0 0	01:05.00	01:07.00	55.00	57.00
66	01:01.00	01:05.00	01:04.00	01:08.0 0	01:06.00	01:08.00	56.00	58.00
65	01:02.00	01:06.00	01:05.00	01:09.0 0	01:07.00	01:09.00	57.00	59.00
64	01:03.00	01:07.00	01:06.00	01:10.0 0	01:08.00	01:10.00	58.00	01:00.00
63	01:04.00	01:08.00	01:07.00	01:11.0 0	01:09.00	01:11.00	59.00	01:01.00
62	01:05.00	01:09.00	01:08.00	01:12.0 0	01:10.00	01:12.00	01:00.0 0	01:02.00
61	01:06.00	01:10.00	01:09.00	01:13.0 0	01:11.00	01:13.00	01:01.0 0	01:03.00
60	01:07.00	01:11.00	01:10.00	01:14.0 0	01:12.00	01:14.00	01:02.0 0	01:04.00
59	01:08.00	01:12.00	01:11.00	01:15.0 0	01:13.00	01:15.00	01:03.0 0	01:05.00
58	01:09.00	01:13.00	01:12.00	01:16.0 0	01:14.00	01:16.00	01:04.0 0	01:06.00
57	01:10.00	01:14.00	01:13.00	01:17.0 0	01:15.00	01:17.00	01:05.0 0	01:07.00
56	01:11.00	01:15.00	01:14.00	01:18.0 0	01:16.00	01:18.00	01:06.0 0	01:08.00
55	01:12.00	01:16.00	01:15.00	01:19.0 0	01:17.00	01:19.00	01:07.0 0	01:09.00
54	01:13.00	01:17.00	01:16.00	01:20.0 0	01:18.00	01:20.00	01:08.0 0	01:10.00
53	01:14.00	01:18.00	01:17.00	01:21.0 0	01:19.00	01:21.00	01:09.0 0	01:11.00
52	01:15.00	01:19.00	01:18.00	01:22.0 0	01:20.00	01:22.00	01:10.0 0	01:12.00
51	01:16.00	01:20.00	01:19.00	01:23.0 0	01:21.00	01:23.00	01:11.0 0	01:13.00
50	01:17.00	01:21.00	01:20.00	01:24.0 0	01:22.00	01:24.00	01:12.0 0	01:14.00
49	01:18.00	01:22.00	01:21.00	01:25.0 0	01:23.00	01:25.00	01:13.0 0	01:15.00
48	01:19.00	01:23.00	01:22.00	01:26.0 0	01:24.00	01:26.00	01:14.0 0	01:16.00
47	01:20.00	01:24.00	01:23.00	01:27.0	01:25.00	01:27.00	01:15.0	01:17.00

				0			0	
46	01:21.00	01:25.00	01:24.00	01:28.0 0	01:26.00	01:28.00	01:16.0 0	01:18.00
45	01:22.00	01:26.00	01:25.00	01:29.0 0	01:27.00	01:29.00	01:17.0 0	01:19.00
44	01:23.00	01:27.00	01:26.00	01:30.0 0	01:28.00	01:30.00	01:18.0 0	01:20.00
43	01:24.00	01:28.00	01:27.00	01:31.0 0	01:29.00	01:31.00	01:19.0 0	01:21.00
42	01:25.00	01:29.00	01:28.00	01:32.0 0	01:30.00	01:32.00	01:20.0 0	01:22.00
41	01:26.00	01:30.00	01:29.00	01:33.0 0	01:31.00	01:33.00	01:21.0 0	01:23.00
40	01:27.00	01:31.00	01:30.00	01:34.0 0	01:32.00	01:34.00	01:22.0 0	01:24.00
39	01:28.00	01:32.00	01:31.00	01:35.0 0	01:33.00	01:35.00	01:23.0 0	01:25.00
38	01:29.00	01:33.00	01:32.00	01:36.0 0	01:34.00	01:36.00	01:24.0 0	01:26.00
37	01:30.00	01:34.00	01:33.00	01:37.0 0	01:35.00	01:37.00	01:25.0 0	01:27.00
36	01:31.00	01:35.00	01:34.00	01:38.0 0	01:36.00	01:38.00	01:26.0 0	01:28.00
35	01:32.00	01:36.00	01:35.00	01:39.0 0	01:37.00	01:39.00	01:27.0 0	01:29.00
34	01:33.00	01:37.00	01:36.00	01:40.0 0	01:38.00	01:40.00	01:28.0 0	01:30.00
33	01:34.00	01:38.00	01:37.00	01:41.0 0	01:39.00	01:41.00	01:29.0 0	01:31.00
32	01:35.00	01:39.00	01:38.00	01:42.0 0	01:40.00	01:42.00	01:30.0 0	01:32.00
31	01:36.00	01:40.00	01:39.00	01:43.0 0	01:41.00	01:43.00	01:31.0 0	01:33.00
30	01:37.00	01:41.00	01:40.00	01:44.0 0	01:42.00	01:44.00	01:32.0 0	01:34.00
29	01:38.00	01:42.00	01:41.00	01:45.0 0	01:43.00	01:45.00	01:33.0 0	01:35.00
28	01:39.00	01:43.00	01:42.00	01:46.0 0	01:44.00	01:46.00	01:34.0 0	01:36.00
27	01:40.00	01:44.00	01:43.00	01:47.0 0	01:45.00	01:47.00	01:35.0 0	01:37.00
26	01:41.00	01:45.00	01:44.00	01:48.0 0	01:46.00	01:48.00	01:36.0 0	01:38.00
25	01:42.00	01:46.00	01:45.00	01:49.0 0	01:47.00	01:49.00	01:37.0 0	01:39.00
24	01:43.00	01:47.00	01:46.00	01:50.0 0	01:48.00	01:50.00	01:38.0 0	01:40.00
23	01:44.00	01:48.00	01:47.00	01:51.0 0	01:49.00	01:51.00	01:39.0 0	01:41.00
22	01:45.00	01:49.00	01:48.00	01:52.0 0	01:50.00	01:52.00	01:40.0 0	01:42.00
21	01:46.00	01:50.00	01:49.00	01:53.0 0	01:51.00	01:53.00	01:41.0 0	01:43.00
20	01:47.00	01:51.00	01:50.00	01:54.0 0	01:52.00	01:54.00	01:42.0 0	01:44.00

19	01:48.00	01:52.00	01:51.00	01:55.0 0	01:53.00	01:55.00	01:43.0 0	01:45.00
18	01:49.00	01:53.00	01:52.00	01:56.0 0	01:54.00	01:56.00	01:44.0 0	01:46.00
17	01:50.00	01:54.00	01:53.00	01:57.0 0	01:55.00	01:57.00	01:45.0 0	01:47.00
16	01:51.00	01:55.00	01:54.00	01:58.0 0	01:56.00	01:58.00	01:46.0 0	01:48.00
15	01:52.00	01:56.00	01:55.00	01:59.0 0	01:57.00	01:59.00	01:47.0 0	01:49.00
14	01:53.00	01:57.00	01:56.00	02:00.0 0	01:58.00	02:00.00	01:48.0 0	01:50.00
13	01:54.00	01:58.00	01:57.00	02:01.0 0	01:59.00	02:01.00	01:49.0 0	01:51.00
12	01:55.00	01:59.00	01:58.00	02:02.0 0	02:00.00	02:02.00	01:50.0 0	01:52.00
11	01:56.00	02:00.00	01:59.00	02:03.0 0	02:01.00	02:03.00	01:51.0 0	01:53.00
10	01:57.00	02:01.00	02:00.00	02:04.0 0	02:02.00	02:04.00	01:52.0 0	01:54.00
9	01:58.00	02:02.00	02:01.00	02:05.0 0	02:03.00	02:05.00	01:53.0 0	01:55.00
8	01:59.00	02:03.00	02:02.00	02:06.0 0	02:04.00	02:06.00	01:54.0 0	01:56.00
7	02:00.00	02:04.00	02:03.00	02:07.0 0	02:05.00	02:07.00	01:55.0 0	01:57.00
6	02:01.00	02:05.00	02:04.00	02:08.0 0	02:06.00	02:08.00	01:56.0 0	01:58.00
5	02:02.00	02:06.00	02:05.00	02:09.0 0	02:07.00	02:09.00	01:57.0 0	01:59.00
4	02:03.00	02:07.00	02:06.00	02:10.0 0	02:08.00	02:10.00	01:58.0 0	02:00.00
3	02:04.00	02:08.00	02:07.00	02:11.0 0	02:09.00	02:11.00	01:59.0 0	02:01.00
2	02:05.00	02:09.00	02:08.00	02:12.0 0	02:10.00	02:12.00	02:00.0 0	02:02.00
1	02:06.00	02:10.00	02:09.00	02:13.0 0	02:11.00	02:13.00	02:01.0 0	02:03.00

二、得分表

2025 年广州体育学院硕士研究生招生复试
运动技能测试评分表

考生 编号	25米爬泳技评 (25%) 百分制打分	25米蛙泳技评 (25%) 百分制打分	25米仰泳技评 (15%) 百分制打分	25米爬泳技评 (15%) 百分制打分	专项测试 (20%) 百分制打分

评分签名：